





Sustainability embodies a holistic approach that meticulously considers the enduring well-being of our planet, its diverse inhabitants, and the interconnected systems that sustain them. Our actions today have implications for the future, and we have a responsibility to make choices that benefit not only ourselves but the broader world around us.





### Course Overview Sustainability Principles & Practices Part 1

This course offers a comprehensive introduction to the fundamental principles of sustainability.

It establishes a solid foundation by exploring pivotal concepts and globally recognised frameworks that are indispensable for advancing sustainability practices.







# Introduction to **Sustainability**

At its core, sustainability seeks to integrate environmental health, social equity and economic viability, addressing challenges to achieve a balanced and enduring coexistence. Embracing sustainable practices enables us to pursue a future characterized by environmental health, social equity and economic prosperity for both present and future generations.



#### Recognise

the profound significance of sustainability and its relevance in our modern world.

#### **Discover**

the three pillars of sustainability, encompassing environmental, social, and economic dimensions.

#### **Explore**

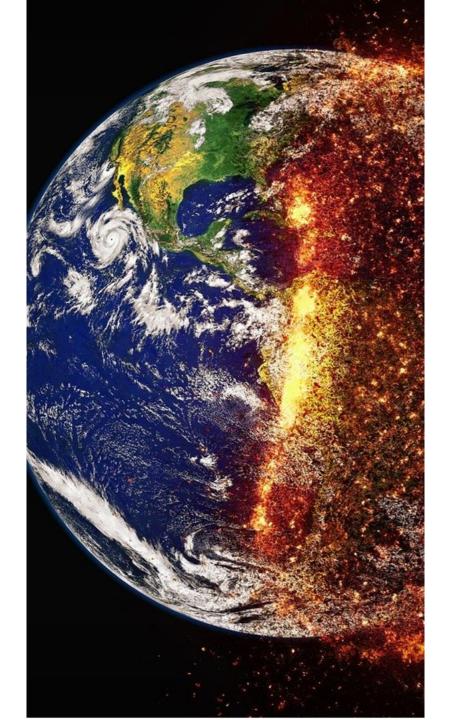
the historical evolution of sustainability, tracing its path as it integrates environmental, social, and economic considerations over time.





## Global Environmental Challenges

Global environmental challenges represent some of the most critical and urgent issues facing humanity today. Understanding these challenges is essential for developing effective strategies to mitigate their impacts.



#### **Ascertain**

the key areas of concern in global environmental challenges such as climate change, resource depletion and pollution.

#### **Discover**

the causes, and factors contributing to these challenges.

#### **Acknowledge**

the wide-ranging effects and impacts of these challenges.

#### **Explore**

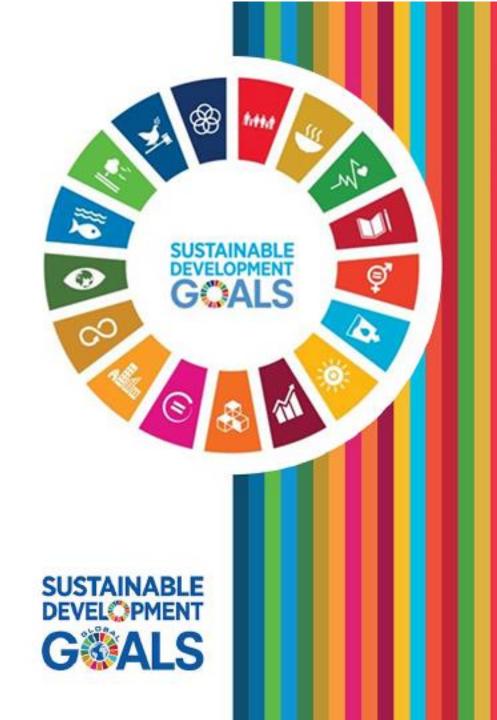
the potential solutions, and strategies for mitigating these challenges.





## Sustainable Development Goals

The three pillars of sustainability—environmental, social and economic are deeply intertwined with the 17 United Nations Sustainable Development Goals (SDGs). Each SDG addresses aspects of at least one of these sustainability pillars.



#### **Discover**

the 17 Sustainable Development Goals (SDGs).

#### **Explore**

the integration Of Environmental, Social, and Economic considerations within the SDGs.



#### COST

HRDC claimable RM140 per course

#### **COURSE DURATION**

2 hours - on demand 24 x 7

#### **METHODOLOGY**

Self-paced interactive online course

#### **OUR CONTACT DETAILS**

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